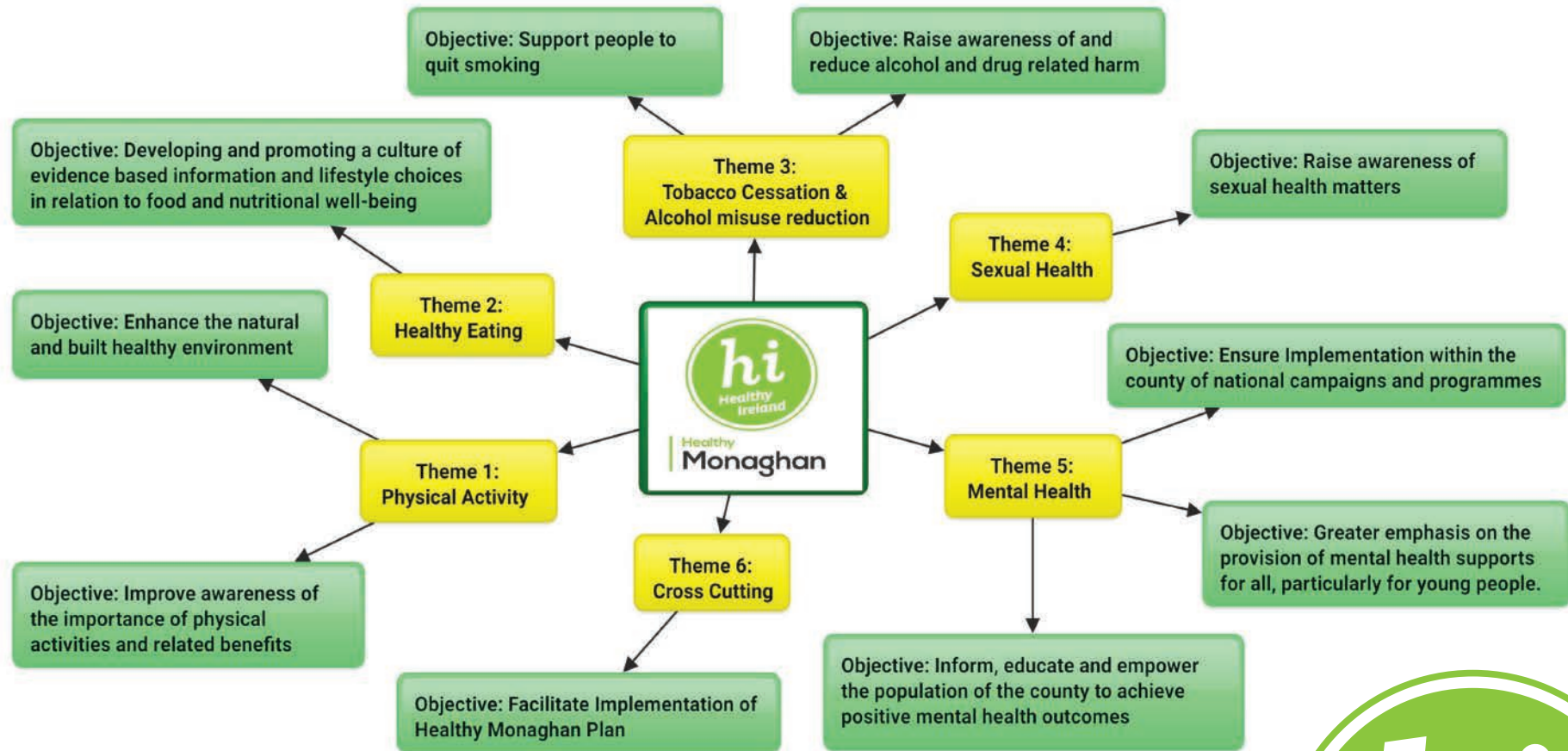


HEALTHY MONAGHAN PLAN 2019-2022



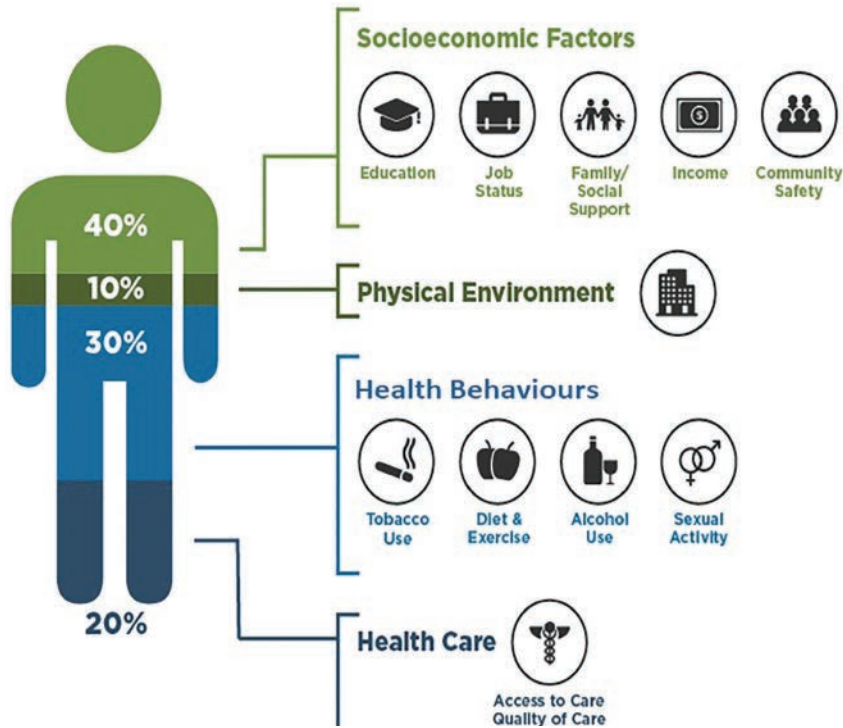


Healthy Monaghan

The Healthy Monaghan Plan supports the implementation of Healthy Ireland, the national health and wellbeing framework at the local level, to improve health and wellbeing of all in County Monaghan.

For further details contact:
Healthy Monaghan Team
Monaghan County Council
T: 047 73717
E: healthymonaghan@monaghancoco.ie

What Goes Into Your Health?



Many factors affect our health – where we live, our environment, our genetics, our income and education level and our relationships with friends and family. These factors are often outside the direct influence of the health and social services. The figure to the left shows us that a combination of factors, not just healthcare, goes into our Health.

Healthy, Ireland, A Framework for Improved Health and Wellbeing 2013 – 2025 is the national framework for action to improve the health and wellbeing of the country over the coming generation. Healthy Ireland takes a “whole of government” and “whole of society” approach to tackling the issues which lead to negative health outcomes.

In 2018 Monaghan LCDC established the Healthy Monaghan Team, a subcommittee of the LCDC. This team is an interagency partnership with representation from a cross section of key stakeholders including Monaghan County Council, HSE, ETB, Monaghan Sports Partnership and several other representatives from statutory bodies, business, community and voluntary sectors. Their aim is to improve the Health & Wellbeing of all those who live and work in County Monaghan and they will take primary responsibility for the implementation and monitoring of this strategy working in a collaborative way.

Full copies of the plan are available on

<https://monaghan.ie/communitydevelopment/healthy-monaghan/>

