



# Monaghan Social Inclusion Week 2023

Theme:

**"Belonging, Including and Participating"**

Dates: Monday 13th  
November to Sunday 19th  
November 2023





# Monaghan Social Inclusion Week 2023

## Monday 13th November



Time/Venue	Details of Event	Contact Details
Monday 13th to Friday 17th November - During the Pre-school Sessional Service	All Pre-school services will read the <b><u>“Somon Sock” book</u></b> and undertake associated activities and songs.	Monaghan County Childcare Committee CLG - Ph: 047 72896
10.30 - 12.00 Hope Café, Monaghan	<b><u>“Inclusive Speech and Language”</u></b> . Parenting Monaghan provide assistance to children of migrants who are learning many languages. It will help them to address speech and language issues and to integrate quicker.	To book a place please contact Oksana Sapozhnikova on 087 6738835
10.30 to 12.30 Íontas Centre, Castleblayney	<b><u>Book Club</u></b> Book Clubs are a superb way of meeting like-minded people and also to read books that may be out of your comfort zone!	Contact WCI Blayney Blades on 042 9753412
13.00 to 16.00 Hope Cafe, Monaghan	<b><u>“An Afternoon of Story and Verse, Movement, Reminiscence and Humour”</u></b> An ideal opportunity for people to come together and chat over a cup of tea.	Contact WCI Blayney Blades on 042 9753412
18.30pm to 20.30pm Dun Mhuire Adult Education Centre, Mullaghmonaghan, Monaghan, H18T383	<b><u>Introduction to Genealogy</u></b> REF Code - 415853	Email: monaghanadulted@cmetb.ie or call 047 71914. Bookings can also be made by logging on to <a href="http://www.fetchcourses.ie">www.fetchcourses.ie</a> and using the ref code provided.





Monaghan Social Inclusion Week 2023

**Tuesday 14th November**



Time/Venue	Details of Event	Contact Details
10.00-12.00 St. Jospeh's Pastoral Centre, Monaghan.	<b>“Mens Games For Life” Taster Session</b> Activities will include Boccia, Curling, Indoor Bowls, Score Bowls and Tai Chi to close out the morning. Light Refreshments served.	To Book: Contact Monaghan Sports Partnership 042 9755126
10.30 - 12.30 and 19.00 to 21.00. YWCA, Monaghan	<b><u>“Fáilte Isteach” welcomes Social Inclusion Week.</u></b> Volunteer teachers will teach students of many languages to say “You Are Welcome”. A video recording will be made and circulated on social media to teach everyone to say “You Are Welcome”.	For further details please contact Oksana Sapozhnikova on 087 6738835.
11.00 to 12.00 Íontas Centre, Castleblayney	<b><u>“Exercise to Music with Lyndsey”</u></b> This class is suitable for everyone, no equipment needed and you can move at your own pace.	Contact WCI Blayney Blades on 042 9753412
13.00 to 14.30 Annagh Farm, Derrylin	<b><u>Presentation of Social Farming Certificates</u></b> at Annagh Farm, Derrylin	Monaghan Integrated Development
14.00 - 15.00 Íontas Centre, Castleblayney	<b><u>“Yoga with Catherine”</u></b> Learn simple sequences that will restore your body to health, happiness and vitality.	Contact WCI Blayney Blades on 042 9753412





Monaghan Social Inclusion Week 2023

**Tuesday 14th November**



Time/Venue	Details of Event	Contact Details
18.30 to 20.30 Carrickmacross Workhouse	<u>Introduction to Digital Photography.</u> REF Code - 415856	Mail <a href="mailto:monaghanadulted@cmetb.ie">monaghanadulted@cmetb.ie</a> or call <b>047 71914</b> . Bookings can also be made by logging on to <a href="http://www.fetchcourses.ie">www.fetchcourses.ie</a> and using the ref code provided.
10.30 - 12.30 and 19.00 to 21.00. YWCA, Monaghan	<u>“Fáilte Isteach” welcomes Social Inclusion Week.</u> Volunteer teachers will teach students of many languages to say “You Are Welcome”. A video recording will be made and circulated on social media to teach everyone to say “You Are Welcome”.	For further details please contact Oksana Sapozhnikova on 087 6738835.
19.00 Carrickamacross Library	<u>Decade of Centenaries Lecture Series at Monaghan Libraries</u> Flor McCarthy The President’s Letters  Flor McCarthy is a journalist and author, her bestselling book “The President’s Letters was shortlisted for Best Irish Published Book 2021.	For Bookings please ring <b>042 9661148</b>





# Monaghan Social Inclusion Week 2023

## Wednesday 13th November



Time/Venue	Details of Event	Contact Details
10.00 -13.00 Íontas Centre, Castleblayney	<b><u>“Women in Leadership”</u></b> 8-week programme that will discuss Women in Leadership - to help build capacity, self esteem and confidence in women to participate more fully in society	Contact WCI Blayney Blades on 042 9753412
10.30 -12.30 Íontas Centre, Castleblayney	<b><u>Knitting Club</u></b> Learn how to knit or upskill your knitting skills over a cup of tea and some friendly chatter.	Contact WCI Blayney Blades on 042 9753412
11.00 to 12.30 Teach na nDaoine FRC	<b><u>Parent and Toddler Social Inclusion Messy Play Session</u></b> Child and Family Support Network Small Lunch Provided	Jill Clarke- 047 71398
14.00 to 15.00 Íontas Centre, Castleblayney	<b><u>Making A Will with Solicitor Pierce O’Sullivan</u></b> Pierce will discuss the importance of making a will and answer any questions people may have regarding wills.	Contact WCI Blayney Blades on 042 9753412
15.30  Camphill Community Ballybay	<b><u>“Jukebox Harmony” with Brendan McCaghy</u></b>  <u>Request your song and sing along!</u>	<b>All welcome</b> Bookings/groups bookings email jaki.maughan.ballybay@ camphill.ie





Monaghan Social Inclusion Week 2023

Thursday 16th November



Time/Venue	Details of Event	Contact Details
11:00-13:00  Clones Library	<b><u>Failte Isteach Clones welcomes Social Inclusion Week</u></b>  The diversity of languages will be presented, their difference starting from the alphabet and celebrating the beauty in this diversity. During Failte Isteach classes students of different countries and Irish volunteers can find a common language learning from each other while learning English.	For further details please contact Oksana Sapozhnikova on 087 6738835.
11.00 to 13.00 Truagh Spirit Community Services @ St Mellan's GAA Clubhouse H18 V008	<b><u>Digital Training and a Coffee Morning for Older People</u></b> by Truagh Spirit	Contact: Fiona/Gretta/Joanna on 047 87049 or info@truaghspirit.ie
14.00 - 16.00 Íontas Centre Castleblayney	<b><u>Health &amp; Wellbeing Event</u></b> Advice and exercise to help you stay fit and healthy.	Contact WCI Blayney Blades on 042 9753412
19.30 The Garage Theatre, Monaghan	<b><u>It's a Cultural Thing, or is it?</u></b> New Perspectives Theatre Company Melody Brooks, Artistic Director Presents: The Traveller Wagon Wheel Theatre's "It's a Cultural Thing, or is it?" written and performed by Michael Collins  Enjoy a fast-paced sequence of stories that are a microcosm of the history of the Traveller Community over the past 40 years. It chronicles Michael's personal journey from living in a barrel-top wagon as a child on the road with his family, to their move to Dublin and the end of the traditional way of life. Along the way, he must convince his daughter to stay in school—an unconventional point of view for Travellers long	Garage Theatre Tel : 047-39777 Email : <a href="mailto:info@garagetheatre.com">info@garagetheatre.com</a> Web : <a href="http://www.garagetheatre.com">www.garagetheatre.com</a>





Monaghan Social Inclusion Week 2023

Friday 17th November



Time/Venue	Details of Event	Contact Details
10.00-11.00 Carrickmacross Library	Migrant Women and Children Group will have a <b><u>Coffee Morning with Activities</u></b> promoting Social Inclusion.	For further details please contact Oksana Sapozhnikova on 087 6738835.
10.00 - 12.00 Dun Mhuire, Monaghan	<b><u>Open Morning for Adult Education Services</u></b> at Dun Mhuire, Monaghan	Contact: Eithne O Callaghan Tel: 047 30800 Email: <a href="mailto:eithneocallaghan@cmetb.ie">eithneocallaghan@cmetb.ie</a>
10.00 to 13.00 Íontas Centre Castleblayney	<b><u>Spreadsheets Level 3</u></b>  The aim of this class is to provide the learner with the ability to use spreadsheets and gain confidence in using the computer.	Contact WCI Blayney Blades on 042 9753412
12.00 to 13.00 Carrickmacross Library	<b><u>Faite Isteach Clones welcomes Social Inclusion Week</u></b>  This is an information session about the services provided by the Library, followed by a tour and help with registration of those who would like to become a library service user. The library has many books in different languages, as well as educational materials and various events which connect people from different nationalities in Carrickmacross.	For further details please contact Oksana Sapozhnikova on 087 6738835.
Time: 20.00 The Garage Theatre, Monaghan	<b><u>“No Going Back”</u></b> is a play in the Garage Theatre, performed as part of the social inclusion process through the history of Ireland. The play will be preceded by a morning meeting which will provide historic information to give a better understanding of the play’s background and the deep meaning of the play.	For further details contact Gavin Shipley +353 83 419 9392





## Monaghan Social Inclusion Week 2023

# Saturday 18th November

Time/Venue	Details of Event	Contact Details
<b>Saturday 18th November</b> Monaghan Town	<p><b><u>Monaghan Town Social Inclusion Walking Tour</u></b></p> <p>50 years ago people in Ireland faced barriers when seeking employment, education and even access to shops/offices. This guided tour through Monaghan towncentre looks at the barriers &amp; what has been done to make Monaghan a more inclusive town. See and hear how Ireland (and Monaghan town) has changed over the years, from the ground beneath our feet, to the air that we breathe and even to romance in the workplace! The changes will surprise you!</p>	<p>The Tour is free but must be booked in advance. Email <a href="mailto:fmccarron@midl.ie">fmccarron@midl.ie</a> before 5pm Thursday November 16th to secure your place!</p>







## Monaghan Social Inclusion Week 2023

# Sunday 19th November

Time/Venue	Details of Event	Contact Details
<p><b>Sunday 19th November</b> Inniskeen Community Social Centre</p>	<p><b><u>“Afternoon Tea” at Inniskeen Community Social Centre</u></b> - with entertainment including storytelling, singers and local musicians including “Mickey the Butcher”.</p>	<p>For further details: Please contact Inniskeen Ramblers Active Retirement Group by email: <b>kitty.lennon@yahoo.com</b></p>







## Monaghan Social Inclusion Week 2023

### Other Social Inclusion Events

Date/Time/Venue	Details of Event	Contact Details
<b>Monday 6th November</b>  YWCA, North Road, Monaghan	<u><b>“Winter Wellness for Carers”</b></u>	Womens Collective Ireland (Monaghan) Tel 047 62573 <a href="mailto:monaghan@womenscollective.ie">monaghan@womenscollective.ie</a>
<b>Saturday November 11th</b>  Main Hall, Emyvale Leisure Centre	<u><b>“The Mad Hatter’s Tea Party”</b></u> Participants asked to create an upcycled hat on the themes of climate change, junk couture, current affairs etc. Free refreshments and prizes in each best hat category!	Text 087 3494714 for more details
<b>Sunday 12th November</b>  The Garage Theatre, Armagh Road, Monaghan	<u><b>Monaghan Volunteer of the Year Awards</b></u>	<a href="mailto:info@volunteermonaghan.ie">info@volunteermonaghan.ie</a>

**Thanks to all groups and participants for taking part in Monaghan Social Inclusion Week 2023**