

Monaghan Social Inclusion Week 2024



Theme:

“Respect and Connect”

Dates:

**Monday 18th November
to Sunday 24th**



Monaghan Social Inclusion Week 2024

Monday 18th November



Time/Venue	Details of Event	Contact Details
10.30 to 12 midday	Launch of Social Inclusion Week 2024 - Keynote Speaker Adam Harris of AsIAM	Barry Eaton 086 3134557
Teach na nDaoine Family Resource Centre	Foodbank (all day)	Teach na nDaoine Family Resource Centre 047 71398
11:00 am at YWCA Building at North Road, Monaghan.	Monaghan Migrant Support Centre supports Cosmopolitan women’s group to visit the Peace Campus. Women will get to know about all services in the building, visit Library and learn about Monaghan visiting Monaghan Museum.	Meeting point is MMSC in YWCA building at 11:00 a.m.
Monaghan Town Library (Peace Campus)	Crosswords & Croissants	Every Monday at Monaghan Library
Monaghan Library 10am - 1pm	TechKnow – one to one digital skills	Monaghan Library (Peace Campus)



Monaghan Social Inclusion Week 2024

Monday 18th November



Time/Venue	Details of Event	Contact Details
<p>Monday 18th November Íontas Centre Castleblayney 11am -12pm</p>	<p><u>Walking group</u> This is a new weekly get together for walkers. This walking group is a great opportunity to engage with nature and the outdoors as well as socialise with other people.</p>	<p>WCI Blayney Blades 0429753412</p>
<p>Monday 18th November Íontas Centre Castleblayney 10am – 12.30pm</p>	<p>Healthy Food Made Easy The aim of this course is to help you to make healthier food choices within your budget. Learners will take an active part in the programme, which will help you to improve your cooking skills, eating behaviors, nutrition knowledge</p>	<p>WCI Blayney Blades 0429753412</p>



Monaghan Social Inclusion Week 2024

Tuesday 19th November



Time/Venue	Details of Event	Contact Details
Teach na nDaoine Family Resource Centre	Foodbank (all day)	Teach na nDaoine Family Resource Centre 047 71398
Tuesday 19th November Íontas Centre Castleblayney 11.00am -12.00pm	<u>Exercise to Music with Lyndsey</u> This class is suitable for everyone, no equipment needed and you can move at your own pace.	WCI Blayney Blades 0429753412
Íontas Centre Castleblayney 10am -1pm	<u>Women in Leadership</u> 8-week programme that will discuss women in Leadership, to build capacity, self-esteem and confidence in women to participate more fully in society	WCI Blayney Blades 0429753412
Íontas Centre Castleblayney 2pm - 3pm	Yoga with Geraldine Learn simple sequences that will restore your body to health, happiness and vitality.	WCI Blayney Blades 0429753412
Four Seasons, Monaghan	Monaghan Tuesday Club Lunch & Entertainment	Martina Sherry 0863824107
Monaghan Library 11am to 1pm	Seán Nós and brush dancing as well as Bodhran playing. Everyone very welcome.	Monaghan Library



Monaghan Social Inclusion Week 2024
Wednesday 20th November



Time/Venue	Details of Event	Contact Details
5.30pm Monaghan Library	Yarney Army, knitting & crochet group	Monaghan Library (Peace Campus)
Tydavnet Community Centre @ 1pm	Lunch and entertainment for clients from Mullinahinch nursing home. Rosnaree and Donagh house	Martina Sherry 0863824107
2pm Monaghan Library	TechKnow – one to one digital skills	Monaghan Library (Peace Campus)



Time/Venue	Details of Event	Contact Details
<p>11am to 2pm The Garage Theatre, Monaghan.</p>	<p>Intergenerational Social event: Screening of White Christmas (1954), with opportunities for conversation and connection. Barriers that can exist between older people and young people will be broken down as they will be engaging as a group in a shared experience. Refreshments provided at the end of the film.</p>	<p>Booking Essential Tel 047 87049</p>
<p>St Joseph's Pastoral Centre 10.30 am – 12.30pm</p>	<p>County Monaghan DisAbility Network's Connect Coffee Morning</p> <p>A chance for community organisations, services and DisAbility Network members to connect and exchange information. Information stands will be there on the day. All welcome.</p>	<p>Regina Byrne SICAP Monaghan Integrated Development 087 3612584</p>
<p>10am Monaghan Library</p>	<p>Knit & Chat group</p>	<p>Every Wednesday morning at 10am</p>
<p>5.30 Monaghan Library</p>	<p>Yarney Army, knitting & crochet group</p>	<p>Monaghan Library (Peace Campus)</p>



Time/Venue	Details of Event	Contact Details
<p>Wednesday 20th November Íontas Centre Castleblayney 2.00pm – 4.00pm</p>	<p><u>WCI Blayney Blades is hosting two workshops:</u> First workshop to include and identify the need for Respect & Connect within our communities. This workshop will consist of an afternoon of coming together to share knowledge and experiences of our many cultures that are living side by side in Ireland today. This will be the opportunity to come together and identify the many issues that occur on the day to day basis.</p> <p>Second workshop “Your Voice Matters and Your Voice is Important”. Barry Eaton the Social Inclusion Officer for Monaghan County Council will deliver a workshop of the importance of Voting. Supported by Monaghan County Council</p>	<p>WCI Blayney Blades 0429753412</p>



Monaghan Social Inclusion Week 2024

Thursday 21st November



Time/Venue	Details of Event	Contact Details
<p>10.30am - 12.30pm</p>	<p>County Monaghan DisAbility Network's Connect Coffee Morning</p> <p>A chance for community organisations, services and DisAbility Network members to connect and exchange information. Information stands will be there on the day. All welcome.</p>	<p>Regina Byrne SICAP Monaghan Integrated Development 087 3612584</p>
<p>11.00am to 1pm Monaghan Library</p>	<p>Sensory Magic Table - available to all to try!</p>	<p>Monaghan Library (Peace Campus)</p>
<p>Thursday 21st November Íontas Centre Castleblayney 10am-1pm</p>	<p><u>Level 3 Digital Media</u> The aim of this course will allow the learner to improve on their knowledge and skills in using digital media devices</p>	<p>WCI Blayney Blades 0429753412</p>
<p>Thursday 21st November Íontas Centre Castleblayney 2pm – 4pm</p>	<p><u>Health & Wellbeing</u> Advice and exercise to help you stay fit and healthy.</p>	<p>WCI Blayney Blades 0429753412</p>
<p>Thursday 21st November Íontas Centre Castleblayney 7.30pm – 8.30pm</p>	<p><u>Pilates with Geraldine</u> It's a low impact exercise that strengthens your core and improves your posture, balance and flexibility</p>	<p>WCI Blayney Blades 0429753412</p>
<p>11am to 1pm</p>	<p>Social Inclusion Week open coffee morning at Monaghan Library</p>	<p>Monaghan Library</p>



Monaghan Social Inclusion Week 2024

Friday 22nd November



Time/Venue	Details of Event	Contact Details
<p>22nd of November, Shirley Arms Hotel, Carrickmacross 7.30-9.00 p.m.</p>	<p>Music from many cultures. Intercultural musical event connecting people with music, talent and mutual respect. Young talents of Carrickmacross will perform presenting their musical talent. On the evening - music from young Ukrainian, Roma, Phillipino and Irish musicians. Join us just after Christmas Lights on event.</p>	<p>Oksana Sapozhnikova 087 67 8835</p>
<p>11.00</p>	<p><u>Storytime</u> at Monaghan Library - every Friday at Monaghan Library</p>	<p>Monaghan Library (Peace Campus) - Everyone welcome!</p>
<p>Friday 15th November 10.30 to 11.00</p>	<p>Gentle Chair Exercise Classes Improve your fitness and have fun! Venue: Teach na Daoine</p>	<p>Teach na nDaoine FRC Tel. 042 9755126</p>



Monaghan Social Inclusion Week 2024

Saturday 23rd November

Time/Venue	Details of Event	Contact Details
Teach na nDaoine Family Resource Centre 10am to 3pm	Lithuanian Community Sunday minority community support groups 10am to 3.00pm	Teach na nDaoine Family Resource Centre 047 71398



Monaghan Social Inclusion Week 2024

Sunday 24th November

Time/Venue	Details of Event	Contact Details
	<p>See Other Social Inclusion Events below.</p>	



Monaghan Social Inclusion Week 2024

Other Social Inclusion Events/Activities

Date/Time/Venue	Details of Event	Contact Details
Photo Exhibition at Monaghan and Clones Libraries	Two groups of migrant from Monaghan and Clones were supported to get new skills in mobile photography along with the ability to get a new perspective on Monaghan town. Be invited to see their best works at Monaghan and Clones Libraries.	Oksana Sapozhnikova 087 673 8835
Monaghan, YWCA building on 19th of November at 11:30 Castleblayney Library on 20th of November at 12:00 Clones Library on 21st of November at 12:30 Carrickmacross Library on 22nd of November at 13:00	During social inclusion week the students of Failte Isteach English Conversational classes will get to know about Irish traditional musical instrument Bodhran. The opportunity to be connected through music, respecting culture and celebrating traditions.	Oksana Sapozhnikova 087 673 8835

**Thanks to all groups and participants for taking part in
Monaghan Social Inclusion Week 2024**